

Week 3 - 21st Jan/ 11th Feb/ 11th March/ 1st April	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	selection of pastries and smoothies	bacon rolls veggy option available. Overnight oats	waffles and mixed berries	scrambled egg baked beans and sausage. Fresh fruit platter	bacon poached egg muffin. Porridge	n/a	n/a
Lunch Option 1	sausagemeat plait	pork and lamb chops	roast beef ciabatta with cheeses and stokes sauces	chicken fajitas	battered cod, sausages, chicken goujons	n/a	n/a
Lunch Option 2	asian salmon fillet	fish pie	garlic and lemon scallops	king prawn tagletelle	lemon sole goujons	n/a	n/a
soup option	chefs choice	chefs choice	chefs choice	chefs choice	chefs choice	n/a	n/a
Vegetarian Lunch	veggy kebabs	veggy bake	seeded loaf	veggy fajitas	veggy sausage	n/a	n/a
Vegetables & Sides	mash and brocolli	mash potatoes carrots and brocolli	saute and green beans	spicy rice, peas and sweetcorn	chips and baked beans	n/a	n/a
Salad Bar	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.
Dessert	sticky toffee pudding and custard	chocolate crunch and pink custard	rice pudding with preserves	apple and blackberry crumble and custard	waffles berries and ice cream	n/a	n/a
Dinner	chicken new yorker	chicken burger	pulled pork ciabatta	chilli nachos	chicken kiev	n/a	n/a
Vegetarian Dinner	cod in mornay sauce	vegan nuggets		veggy chilli	veggy kiev	n/a	n/a
Vegetables	mash and brocolli	chips beans	new potatoes and green beans	steamed rice, sweetcorn	wedges and corn on cob	n/a	n/a
Light Bite Option	beans on toast	hoops on toast	ravioli on toast	cheese on toast	crumpets and preserves	n/a	n/a
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Dessert	jam and coconut sponge	vanilla cheesecake	brownie	swiss roll	chocolate orange cake with icing	n/a	n/a
Boarders Snack	fruit platter	white chocolate rocky road	biscuit selection	hula hoops	fizzy drinks and capri sun	n/a	n/a