

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	selection of pastries and smoothies	mixed omelettes Overnight oats	pancakes mixed berries and yogurts	hashbrown baked beans and sausage. Fresh fruit platter	smoked salmon scrambled egg and spinach . Porridge	boarders choice	boarders choice
Lunch Option 1	korean chicken breast on abed of tomatoes and onions	gourmet burger	wrap bar oriental duck	gammon steak wih pineapple	battered cod	n/a	n/a
Lunch Option 2	crayfish salad	hotdogs	teriyaki beef	sweet chilli salmon salad	fish fingers, goujons, sausages	n/a	n/a
Vegetarian Lunch	ratatouille	falfel burger	cold wrap bar	wild mushroom risotto	vegan nuggets	n/a	n/a
Vegetables & Sides	broccoli and steamed rice	chips corn on the cob	new potatoes	mash potatoes green beans	chips beans mushy peas	n/a	n/a
Salad Bar	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.
Taster menu	N/A	N/A	N/A	cheese and biscuits	N/A	N/A	N/A
Dessert	brownie	banoffee cheesecake	ice lollies	mixed berries and cream	doughnuts	n/a	n/a
extras	yogurts daily	yogurts daily	yogurts daily	yogurts daily	yogurts daily	n/a	n/a
Dinner	lasagne	hunted chicken and mozzarella sticks	malaysian chicken noodle stir fry	lamb kofta and chicken kebabs with pitta	pizza bar	n/a	n/a
Vegetarian Dinner	stuffed peppers	potato skins	tofu stir fry	italian cod fillet	gf/vegan	n/a	n/a
Vegetables	new potatoes and garlic bread greens	sweet potato fries and peas	broccoli setamed rice	corn on the cob and saute	sweet potato fries	n/a	n/a
Light Bite Option	hoops on toast	cheese on toast	ravioli on toast	beans on toast	toasted crumpets and preserves	n/a	n/a
Salad Bar	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.
Dessert	rocky road	fresh fruit salad	shortbread	tiffin	muffins	n/a	n/a
Boarders Snack	fruit platter	smoothies	brownie	bar snacks	cookies	boarders choice	boarders choice

