

Week 2	Monday	tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	selection of pastries and smoothies	mixed omelettes Overnight oats	pancakes mixed berries and yogurts	hashbrown baked beans and sausage. Fresh fruit platter	smoked salmon scrambled egg and spinach . Porridge	boarders choice	boarders choice
Lunch Option 1	spaghetti bolognaise	paella	slow roasted beef ciabatta	chicken thai green	battered cod	n/a	n/a
Lunch Option 2	coconut steamed haddock/ king prawn salad	mussels with garlic bread/ chicken caesar salad	garlic and herb tilapia fillet	beef thai red	fish fingers, goujons, sausages	n/a	n/a
Vegetarian Lunch	quorn bolognaise	beetroot and edamame bake	falfel burger	vegan thai	veggie sausage	n/a	n/a
Vegetables & Sides	garlic doughballs and broccoli	new potatoes and carrots	new potatoes and green beans	rice, naan, prawn crackers	chips beans mushy peas	n/a	n/a
Salad Bar	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.
Taster menu	n/a	n/a	n/a	continental meat selection	n/a	n/a	n/a
Dessert	brownie	strawberry cheesecake pot	ice cream parlour	strawberry bar	gateaux	n/a	n/a
extras	yogurts daily	yogurts daily	yogurts daily	yogurts daily	yogurts daily	n/a	n/a
Dinner	chicken kiev	butchers sausages	taglatelle carbonara	beef and mushroom pie	toastie selection	n/a	n/a
Vegetarian Dinner	quorn kiev	vegan sausages	3 cheese linguine	veggie pie	veggy toastie	n/a	n/a
Vegetables	pan fried courgettes and mash	cheese and potato pie and baked beans	gf pasta green beans	mash potatoes and cabbage	crisps and dips	n/a	n/a
Light Bite Option	hoops on toast	cheese on toast	ravioli on toast	beans on toast	toasted crumpets and preserves	n/a	n/a
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Dessert	rocky road	fresh fruit salad	shortbread	tiffin	muffins	n/a	n/a
Boarders Snack	fruit platter	smoothies	brownie	bar snacks	cookies	boarders choice	boarders choice