

Week 2	Monday	tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	selection of pastries and smoothies	mixed omelettes Overnight oats	pancakes mixed berries and yogurts	hashbrown baked beans and sausage. Fresh fruit platter	smoked salmon scrambled egg and spinach . Porridge	boarders choice	boarders choice
<b>Lunch Option 1</b>	spaghetti bolognaise	cajun chicken breast on bed of roasted vegetables	slow roasted beef ciabatta	chicken korma	battered cod	n/a	n/a
<b>Lunch Option 2</b>	citrus style seabass	mussels with garlic bread/ chicken caesar salad	garlic and herb tilapia fillet	beef tikka	fish fingers, goujons, sausages	n/a	n/a
<b>Vegetarian Lunch</b>	quorn bolognaise	beetroot and edamame bake	falfel burger	vegan tikka	veggie sausage	n/a	n/a
<b>Vegetables &amp; Sides</b>	garlic doughballs and brocolli	new potatoes and carrots	new potatoes and green beans	rice, naan, samosa poppodum	chips beans mushy peas	n/a	n/a
<b>Salad Bar</b>	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.
<b>Taster menu</b>	n/a	n/a	n/a	continental meat selection	n/a	n/a	n/a
<b>Dessert</b>	apple crumble and custard	blackberry cheesecake pot	ice cream parlour	strawberry bar	gateaux	n/a	n/a
<b>extras</b>	yogurts daily	yogurts daily	yogurts daily	yogurts daily	yogurts daily	n/a	n/a
<b>Dinner</b>	pan fried garlic rump steak	butchers sausages	chicken meatballs in rich tomato sauce with spaghetti	beef and mushroom pie	hawian chicken breast	n/a	n/a
<b>Vegetarian Dinner</b>	vegan nuggets	vegan sausages	tomato and vegetable sauce with penne	veggie pie	ratatouille	n/a	n/a
<b>Vegetables</b>	pan fried courgettes and new potatoes	cheese and potato pie and baked beans	gf pasta green beans	mash potatoes and cabbage	steamed rice and brocolli	n/a	n/a
<b>Light Bite Option</b>	hoops on toast	cheese on toast	ravioli on toast	beans on toast	toasted crumpets and preserves	n/a	n/a
<b>Salad Bar</b>	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.
<b>Dessert</b>	rocky road	fresh fruit salad	jelly pots	tiffin	muffins	n/a	n/a
<b>Boarders Snack</b>	fruit platter	smoothies	brownie	bar snacks	cookies	boarders choice	boarders choice