

| Week 1             | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday  | Sunday  |
|--------------------|---|---|---|---|---|---|---|
| Breakfast          | selection of pastries and smoothies   | mixed omelettes beans mushrooms porridge  | pancakes mixed berries, bacon and yogurts   | hashbrown baked beans and sausage. Fresh fruit platter                              | smoked salmon scrambled egg and spinach bagels . Porridge                           | boarders choice   | boarders choice   |
| Lunch Option 1     | korean chicken breast on abed of tomatoes and onions                                | gourmet burger  | wrap bar oriental duck  | saute beef  | battered cod  | n/a   | n/a   |
| Lunch Option 2     | paella  | hotdogs   | teriyaki beef   | baked cod on a bed of roasted tomato and courgette                                  | fish fingers, goujons, sausages   | n/a   | n/a   |
| Vegetarian Lunch   | ratatouille   | faifel burger   | cold wrap bar   | wild mushroom risotto   | vegan nuggets   | n/a   | n/a   |
| Vegetables & Sides | broccoli and steamed rice   | chips corn on the cob   | new potatoes  | mash potatoes green beans   | chips beans mushy peas  | n/a   | n/a   |
| Salad Bar          | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. |
| Taster menu        | N/A   | N/A   | N/A   | cheese and biscuits   | N/A   | N/A   | N/A   |
| Dessert            | brownie   | jam sponge and custard  | ice lollies   | mixed berries and cream   | doughnuts   | n/a   | n/a   |
| extras             | yogurts daily   | yogurts daily   | yogurts daily   | yogurts daily   | yogurts daily   | n/a   | n/a   |
| Dinner             | lasagne   | hunters chicken and mozzarella sticks   | malaysian chicken noodle stir fry   | sausage plait/ seasoned chicken plait   | pizza bar   | n/a   | n/a   |
| boarders wrap bar  | x3 fillings   | x3 fillings   | x3 fillings   | x3 fillings   | x3 fillings   |   |   |
| Vegetarian Dinner  | stuffed peppers   | potato skins  | tofu stir fry   | cheese and red onion tartlet  | gf/vegan  | n/a   | n/a   |
| Vegetables         | new potatoes and garlic bread greens  | sweet potato fries and peas or adalu  | broccoli steamed rice or jollof rice  | corn on the cob and saute   | sweet potato fries  | n/a   | n/a   |
| Light Bite Option  | hoops on toast  | cheese on toast   | ravioli on toast  | beans on toast  | toasted crumpets and preserves  | n/a   | n/a   |
| Salad Bar          | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. |
| Dessert            | blueberry and mango eton mess   | fresh fruit salad   | rocky road  | tiffin  | carrot cake topped with cream cheese frosting                                       | n/a   | n/a   |
| Boarders Snack     | fruit platter   | smoothies   | brownie   | bar snacks  | cookies   | boarders choice   | boarders choice   |