

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Breakfast</b>	selection of pastries and smoothies	bacon poached egg muffin Overnight oats	pancakes mixed berries and yogurts	hashbrown baked beans and sausage. Fresh fruit platter	smoked salmon and cream cheese bagel . Porridge	boarders choice	boarders choice
<b>Lunch Option 1</b>	morrocan chicken breast	pork hotdog or chicken hotdog with onions	gammon ciabatta or smoked paprika chicken ciabatta	chicken and mushroom pie	battered cod	n/a	n/a
<b>Lunch Option 2</b>	tuna pasta bake	herb crusted salmon fillet	tomato and basil penne	oven baked seabass	fish fingers, goujons, sausages	n/a	n/a
<b>soup option</b>	chefs choice	chefs choice	chefs choice	chefs choice	chefs choice	n/a	n/a
<b>Vegetarian Lunch</b>	veggy sausages	vegan hotdog	beetroot and edamame bake	courgette and aubergene risotto	vegan nuggets	n/a	n/a
<b>Vegetables &amp; Sides</b>	new potatoes and brocolli	steamed rice, stir fry veg	saute and green beans	mash and green beans	chips beans mushy peas	n/a	n/a
<b>Salad Bar</b>	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.
<b>Dessert</b>	Tiffin	apple and pear pie and custard	shortbread biscuit	chocolate sponge and chocolate sauce	donuts	n/a	n/a
<b>Dinner option1</b>	chicken corden bleu or smoked paprika chicken	chicken fajitas in a sauce	chicken thai green curry	pork sausages and chicken sausages	bbq chicken wings	n/a	n/a
<b>option 2</b>	cauliflower and brocolli cheese	beef fajitas in sauce	beef red thai curry	cheese and red onion quiche	gammon steak		
<b>Vegetarian Dinner</b>	vegan nuggets	veggie fajita	vegetable thai curry	vegan sausage	vegan nuggets	n/a	n/a
<b>Vegetables</b>	mash potatoes and peas	steamed rice and peas	pasta option and plain rice	mash and sweetcorn	potato waffles and sweetcorn	n/a	n/a
<b>Light Bite Option</b>	hoops on toast	cheese on toast	ravioli on toast	beans on toast	toasted crumpets and preserves	n/a	n/a
<b>Salad Bar</b>	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.
<b>Dessert</b>	cookies	jelly	fresh fruit salad	cheesecake	brownie	n/a	n/a
<b>Boarders Snack</b>	fruit platter	cheese board	rocky road	sandwich platter	fizzy drinks and capri sun and crisps	boarders choice	boarders choice