

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	selection of pastries and smoothies	bacon poached egg muffin Overnight oats	pancakes mixed berries and yogurts	hashbrown baked beans and sausage. Fresh fruit platter	smoked salmon and cream cheese bagel . Porridge	boarders choice	boarders choice
Lunch Option 1	bolognaise with penne pasta	pork hotdog or chicken hotdog with onions	Theme day	beef and mushroom pie	battered cod	n/a	n/a
Lunch Option 2	mac and cheese	herb crusted salmon fillet	Theme day	oven baked seabass	fish fingers, goujons, sausages	n/a	n/a
soup option	chefs choice	chefs choice	Theme day	chefs choice	chefs choice	n/a	n/a
Vegetarian Lunch	quorn bolognaise	vegan hotdog	Theme day	courgette and aubergene risotto	vegan nuggets	n/a	n/a
Vegetables & Sides	garlic bread and broccoli	chips and sweetcorn	Theme day	roast potatoes and green beans	chips beans mushy peas	n/a	n/a
Salad Bar	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.
Dessert	mousse	apple and pear pie and custard	Theme day	chocolate sponge and chocolate sauce	donuts	n/a	n/a
Dinner option1	sf chicken	chicken fajitas in a sauce	chicken thai green curry / beef red thai curry	lasagne	bbq chicken wings	n/a	n/a
option 2	mac and cheese	beef fajitas in sauce	beef red thai curry	cheese and red onion quiche	gammon steak		
Vegetarian Dinner	vegan nuggets	veggie fajita	pasta bake	vegan sausage	vegan nuggets	n/a	n/a
Vegetables	mash potatoes and peas	steamed rice and peas	pasta option and plain rice	new potatoes, garlic bread and sweetcorn	potato waffles and sweetcorn	n/a	n/a
Light Bite Option	hoops on toast	cheese on toast	hoops on toast	beans on toast	toasted crumpets and preserves	n/a	n/a
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Dessert	cookies	jelly	fresh fruit salad	cheesecake	brownie	n/a	n/a
Boarders Snack	fruit platter	torillas and dips	rocky road	fruit platter	fizzy drinks and capri sun and crisps	boarders choice	boarders choice