| Week 2 |  |  |  |  |  |  |  |
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| Breakfast | selection of pastries and smoothies | bacon and poached egg baps | waffles and pancakes with mixed berries | hash brown baked beans and sausage. Fresh fruit platter | smoked salmon and cream cheese bagels | n/a | n/a |
| Lunch Option 1 | gourmet burger | chicken tikka masala or beef jalfrazi | roast beef yorkshire | sheperds pie | battered cod | n/a | n/a |
| Lunch Option 2 | tomato and basil penne | garlic king prawn risotto | mac and cheese | garlic and herb buttered tilapia fillet | fish fingers, goujons, sausages | n/a | n/a |
| soup option | chefs choice | chefs chice | chefs choice | chefs choice | chefs choice | n/a | n/a |
| Vegetarian Lunch | falafel burger | veggy cury | veggy bake | veggy stew | veggie sausage | n/a | n/a |
| Vegetables \& Sides | saute corn on the cob | steamed rice, brocolli, naan, poppodum and bhajis | roast potatoes, carrots, stuffing pigs in blankets brocolli | new potatoes carrots and green beans | chips beans mushy peas | n/a | n/a |
| Salad Bar | $\left\lvert\, \begin{gathered} \text { A selection of fresh salad items } \\ \text { available as an accompaniment or } \\ \text { as the main meal. } \end{gathered}\right.$ | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. |
| Dessert | rocky road | treacle tart and custard | fresh fruit salad | caramel apple crumble and custard | doughnuts | n/a | n/a |
| Dinner option 1 | roasted pepper and chicken penne | minced beef and onion hotpot | chicken and chorizo pie | pizza selection | sweet and sour chicken | n/a | n/a |
| option 2 | garlic chicken prawn farfelle | cod in mornay sauce | beef and mushroom pie | buffalo wings | beef in black bean sauce |  |  |
| Vegetarian Dinner | veggie bologniase | veggy hotpot | sweet pepper and onion risotto | gf pizza option | stir fry veg | n/a | n/a |
| Vegetables | garlic and corn on cob | new potatoes, green beans | new potatoes brocolli | new potatoes, garlic bread, bbq beans | rice | n/a | n/a |
| Light Bite Option | hoops on toast | cheese on toast | beans on toast | toasted crumpets and preserves | toasted crumpets and preserves | n/a | n/a |
| Salad Bar | $\left\lvert\, \begin{gathered} \text { A selection of fresh salad items } \\ \text { available as an accompaniment or } \\ \text { as the main meal. } \end{gathered}\right.$ | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. |
| Dessert | mousse | ginger cake | rice crispy cakes | chocolate orange cake | muffins | n/a | n/a |
| Boarders Snack | fruit platter | doritos | brownie | fruit platter | $\underset{\substack{\text { fizzy drinks and capri sun and } \\ \text { crisps }}}{\text { s. }}$ | n/a | n/a |

