

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	selection of pastries and smoothies	bacon rolls veggy option available. Overnight oats	waffles and mixed berries	scrambled egg baked beans and sausage. Fresh fruit platter	bacon poached egg muffin. Porridge	n/a	n/a
Lunch Option 1	sausagemeat plait	pork and lamb chops	Theme day	chicken fillet burger cheeses and stokes sauces	battered cod, sausages, chicken goujons	n/a	n/a
Lunch Option 2	asian salmon fillet	paella	Theme day	garlic and lemon scallops	lemon sole goujons	n/a	n/a
soup option	chefs choice	chefs choice	Theme day	chefs choice	chefs choice	n/a	n/a
Vegetarian Lunch	veggy kebabs	veggy bake	Theme day	vegan burger	veggy sausage	n/a	n/a
Vegetables & Sides	herb buttered new potatoes and broccoli	roast potatoes carrots and broccoli	Theme day	saute and green beans	chips and baked beans	n/a	n/a
Salad Bar	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.
Dessert	sticky toffee pudding and custard	chocolate crunch and pink custard	Theme day	apple and blackberry crumble and custard	doughnuts	n/a	n/a
Dinner option 1	hunters chicken	meatballs	saute beef	chilli nachos	chicken kiev	n/a	n/a
option 2	cod in mornay sauce	bbq drumsticks	stir fry chicken	spicy chicken legs	bbq wings	n/a	n/a
Vegetarian Dinner	vegan potato skins	vegan meatballs	chick pea curry	veggy chilli	vegan roulade	n/a	n/a
Vegetables	mash and broccoli	penne pasta, rice and sweetcorn	jollof rice and green beans	steamed rice, sweetcorn	wedges and corn on cob	n/a	n/a
Light Bite Option	beans on toast	hoops on toast	ravioli on toast	cheese on toast	crumpets and preserves	n/a	n/a
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Dessert	ginger cake	vanilla cheesecake	brownie	swiss roll	chocolate orange cake with icing	n/a	n/a
Boarders Snack	fruit platter	cookies	rocky road	sandwich platter	fizzy drinks and capri sun and crisps	n/a	n/a