| Week 1 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | selection of pastries / cinnamon swirls and smoothies | mixed omelettes Overnight oats | waffles/pancakes mixed berries and yogurts | hashbrown baked beans and sausage. Fresh fruit platter | flatreads | boarders choice | boarders choice |
| Lunch Option 1 | smoked paprika chicken thighs | selection of calzones | Theme day | butchers sausages | battered cod | n/a | n/a |
| Lunch Option 2 | frankfurter hotdog | cod topped with garic king prawns | Theme day | sweet chillis salmon fillet | fish fingers, Eoujons, sausages | n/a | n/a |
| Vegetarian Lunch | vegan hotdog | gf vegan pizza | Theme day | veggy sausages | vegan nuggets | n/a | n/a |
| Vegetables \& Sides | saute potatoes brocolli | new potatoes corn on the cob/garlic bread | Theme day | mash potatoes green beans | chips beans mushy peas | n/a | n/a |
| Salad Bar | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal | $\begin{aligned} & \text { A selection of fresh salad } \\ & \text { items available as an } \\ & \text { accompaniment or as the } \\ & \text { main meal. } \\ & \hline \end{aligned}$ | $\begin{array}{\|c} \hline \begin{array}{c} \text { A selection of fresh salad } \\ \text { items available as an } \\ \text { accompaniment or as the } \\ \text { main meal. } \end{array} \\ \hline \end{array}$ |
| Dessert | white chocolate mousse | jam and coconut topped sponge | mixed berries | cornflake tart and custard | doughnuts | n/a | n/a |
| extras | yogurts daily | yogurts daily | yogurts daily | yogurts daily | yogurts daily | n/a | n/a |
| Dinner | chicken thai green/ beef thai red | southern fried chicken | sheperds pie | bba chicken wings | chicken kievs | n/a | n/a |
| Vegetarian Dinner | vegan thai curry | stuffed peppers | mushroom rissoto | pasta option | vegan kiev | n/a | n/a |
| Vegetables | rice, spring rolls, peas | mash potatoes and greens | brocolli | corn on the cob and mini hash browns | sweet potato fries | n/a | n/a |
| boarders | pasta option | pasta option | pasta option | pasta option | pasta option |  |  |
| Light Bite Option | cheese on toast | hoops on toast | hoops on toast | beans on toast | toasted crumpets and preserves | n/a | n/a |
| Salad Bar | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal | $\begin{aligned} & \text { A selection of fresh salad } \\ & \text { items available as an } \\ & \text { accompaniment or as the } \\ & \text { main meal. } \end{aligned}$ | $\begin{array}{\|c\|} \hline \text { A selection of fresh salad } \\ \text { items available as an } \\ \text { accompaniment or as the } \\ \text { main meal. } \\ \hline \end{array}$ |
| Dessert | fresh fruit salad | rocky road | cookies | french fancies | iced cupakes | n/a | n/a |
| Boarders Snack | pink wafers and bourbons | fruit platter | 1/4 oranges/watermelon slices | selection of cakes | chocolate bar and fizzy | boarders choice | boarders choice |

