| Week 2 | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Breakfast | selection of pastries / cinnamon swirls and smoothies | bacon and egs baps | pancakes mixed berries and yogurts | hashbrown baked beans and sausage. Fresh fruit platter | smoked salmon scrambled egg and spinach . Porridge | boarders choice | boarders choice |
| Lunch Option 1 | pasta bolognaise | paella | smoked gammon ciabatta/ bbq chicken strips | chicken korma | battered cod | n/a | n/a |
| Lunch Option 2 | coconut steamed haddock | sweet chilli chicken breast | cod in a parsley sauce | spicy beef balti for the brave | fish fingers, goujons, sausages | n/a | n/a |
| Vegetarian Lunch | quorn bolognaise | beetroot and edamame bake | falfel burger | vegan tikka | veggie sausage | n/a | n/a |
| Vegetables \& Sides | garlic bread and brocolli | new potatoes and carrots | new potatoes and green beans | rice, naan, bhajis, poppadum, mango chutney | chips beans mushy peas | n/a | $\mathrm{n} / \mathrm{a}$ |
| Salad Bar | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. |
| Dessert | chocolate and peppermint sponge | passion fruit cheesecake | strawberrys and cream | chocolate crispy cake | doughnuts | $\mathrm{n} / \mathrm{a}$ | $\mathrm{n} / \mathrm{a}$ |
| extras | yogurts daily | yogurts daily | yogurts daily | yogurts daily | yogurts daily | n/a | n/a |
| Dinner | bbq beef ribs / king prawn noodle stir fry | philly cheese steak/ garlic nad herb chciken breast | prawn farfalle | butchers sausages | jacket potatoes with hot and cold fillings | n/a | n/a |
| Vegetarian Dinner | vegan stir fry | quorn nuggets | 3 cheese penne | veggie pie |  | n/a | n/a |
| boarders | pasta option | pasta option | pasta option | pasta option | pasta option |  |  |
| Vegetables | pan fried courgettes / steamed rice | mash potatoes and carrots with gravy | gf pasta green beans | mash potatoes and cabbage | mash potatoes and brocolli | n/a | n/a |
| Light Bite Option | hoops on toast | cheese on toast | beans on toast | hoops on toast | toasted crumpets and preserves | n/a | n/a |
| Salad Bar | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. | A selection of fresh salad items available as an accompaniment or as the main meal. |
| Dessert | crepes sauces and squirty cream | brownie | cookies | iced sponge | muffins | n/a | n/a |
| Boarders Snack | fruit platter | pink wafers and bourbons | 1/4 oranges / watermelon slices | selection of cakes | chocolate bar and fizzy | boarders choice | boarders choice |

