

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	selection of pastries / cinnamon swirls and smoothies	mixed omelettes Overnight oats	pancakes mixed berries and yogurts	hashbrown baked beans and sausage. Fresh fruit platter	smoked salmon scrambled egg and spinach . Porridge	boarders choice	boarders choice
Lunch Option 1	hotdogs	beef lasagne	Theme day	tacos minced beef chilli, bbq shredded chicken	battered cod, sausages, chicken goujons	n/a	n/a
Lunch Option 2	asian salmon	cheese and leek quiche	Theme day	salt and pepper squid	lemon sole goujons	n/a	n/a
Vegetarian Lunch	vegna hotdog	gf vegetable lasagne	Theme day	veggie taco	veggy sausage	n/a	n/a
Vegetables & Sides	garlic bread, chips and sweetcorn	new potatoes broccoli	Theme day	guacamole soured cream, salsa and steamed rice with broccoli	chips and baked beans	n/a	n/a
Salad Bar	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.
Dessert	rocky road	passion fruit and mango pavlova	strawberries and cream	brownie	doughnuts	n/a	n/a
extras	yogurts daily	yogurts daily	yogurts daily	yogurts daily	yogurts daily	n/a	n/a
Dinner	filled pitta with seasoned chicken/ lamb kofta	chicken ham and leek pie / beef and msuhroom pie	buffalo chicken legs / lemon and herb chicken breast	bbq pulled pork ciabatta / shredded bbq turkey	panini selection	n/a	n/a
Vegetarian Dinner	med veg pitta	vegan pie	sweet pepper and onion risotto	quorn and veg ciabatta	vegan panini	n/a	n/a
Vegetables	rice and greens	peas / mash potatoes	garlic and herb fries, tender stem broccoli	mozzarella sticks and new potatoes	crisps	n/a	n/a
Light Bite Option	beans on toast	hoops on toast	ravioli on toast	cheese on toast	crumpets and preserves	n/a	n/a
Salad Bar	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.	A selection of fresh salad items available as an accompaniment or as the main meal.
Dessert	cookies	fresh fruit salad	swiss roll	chocolate flan	iced cupcakes	n/a	n/a
Boarders Snack	fruit platter	pink wafers and bournons	1/4 oranges / watermelon slices	selection of cakes	chocolate bar and fizzy	boarders choice	boarders choice